

# SUNDAY SCHOOL TAKE HOME PAGE

*To parents:*

This page lets you know what your child learned today in Sunday School. Included are "Words to Remember" from the Bible, a suggested activity to reinforce the lesson, and a short prayer. Being involved and interacting with your child can be very rewarding for both of you.

## What We Learned:



Today, your child learned how Daniel and his three friends chose to honor and obey God. Although the king wanted them to eat and drink his food, Daniel and his friends did not give in to the king's demands. Instead, they honored God by eating only vegetables and drinking water. Because they chose to honor God above the king, God made them healthier and stronger than the other young men. (Scripture used: Daniel 1:1-21)

## Words to Remember:

*(Bible versions used are selected to help young children learn and understand the meaning of scripture.)*



**"Even a child is known by his actions, by whether his conduct is pure and right."  
Proverbs 20:11 NIV (1984)**

Practice this verse several times with your child during the week. This will not only help your child to remember the verse, but also it will help to reinforce what he or she learned during class.

## Suggested Parent/Child Activity:



Take some time to talk about healthy eating habits. If you already discussed this before with your child, now may be a good time to see how much he or she remembers. Set out several healthy and unhealthy choices and allow your child to tell you why each one is healthy or not healthy. If your child does not know, explain the process to them so they can make the right choice next time. Explain to your child how Daniel and his friends were brave to "ignore" what the king was offering because it would have offended God. The Lord wants us to make good choices about what we eat, and how we live. Encourage your child to make choices that will honor God.

## Daily Prayer:



Dear Lord, thank You for all of the wonderful food You have provided for us to enjoy. Thank You that the healthy stuff that I get to eat is also very yummy. Please help me make wise choices with my food so that I can take care of the body that You made for me. Amen.