

# SUNDAY SCHOOL TAKE HOME PAGE

*To parents:*

This page lets you know what your child learned today in Sunday School. Included are "Words to Remember" from the Bible, a suggested activity to reinforce the lesson, and a short prayer. Being involved and interacting with your child can be very rewarding for both of you.

## What We Learned:



Deborah was a leader of the Israelites and told her friend, Barak, that God wanted him to defeat the invading army. Barak asked Deborah to go with him to the battle, and Deborah was willing to help. Another woman named Jael also helped, and because everyone worked together, they defeated the army! God wants us to be ready to help our friends. (Scriptures used: Judges 4:1-10, 16, & 22-24)

## Words to Remember:

*(Bible versions used are selected to help young children learn and understand the meaning of scripture.)*



## "A friend loves at all times." Proverbs 17:17a NIV

Explain to your children that loving friends means treating them kindly. Tell your child about a time when you loved and helped a friend and also about a time when a friend helped you. Then help your child come up with ways to show loving kindness to his or her friends. Explain that because God loves and helps us, we should love and help our friends.

## Suggested Parent/Child Activity:



Ask your child to assist you while preparing a meal. Talk about the food items that "need help," such as cans that need to be opened, meat that needs to be cooked, or vegetables that need to be stirred together. Allow your child to perform one of the tasks and casually discuss how the food changes as they are "helped" (for example, meat will not cause illness when it is cooked thoroughly). Explain that helping our friends also changes things, and God uses helpers to make things better.



## Daily Prayer:

Thank You, God, for giving us friends who help. Please show us how to love our friends and help them too. We want to be examples of Your love by helping one another. Thank You for loving us and sending Jesus to die for our sins. Amen.